

Signs of Autumn



As we move from Summer into Autumn there are many signs to look out for showing plants and animals are preparing for Winter. How many of these have you seen? Why not try to spot these in your park.



Leaves changing colour

Could you collect all the colours?



Nuts, Seeds and Berries

By leaving seed heads you can provide more food for nature.



Fungi emerging*



Birds migrating

Spot some new arrivals like the Whooper swan (pictured) or Brent goose. Swallows leave the UK in Autumn, but you might spot them before they go.



Earlier sunsets

Nature doesn't know the time, but it does adapt to shortening daylight hours – animals may build up food stores or look for hibernation homes, and plants can stop/slow their growth. Clocks go back 1 hour, 2am, last Sunday of October. Remember: look after your eyes, don't look directly at the sun.



Hedgehog hibernations

Hedges, leaf and log piles are all great hibernation spots for hedgehog – be careful when you have a tidy up)

Other Autumn signs to spot:

Spider activity peaks in September, but early Autumn can still be warm, and you may see more spiders for longer. Spiders are a key part of our ecosystems, often feeding on flies, spiders may also be food for birds and other wildlife - How many types can you see?

!*Please leave fungi where it is, they help connect the wood-wide web, aid in recycling decaying matter, but can be toxic if eaten.